TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI

AUTHORITIES

CHANCELLOR

Hon'ble Shri. R.N. Ravi
The Governor of Tamil Nadu

PRO - CHANCELLOR

Thiru. Udhayanidhi Stalin
Hon'ble Minister for Youth Welfare & Sports Development, Department
Government of Tamil Nadu

VICE - CHANCELLOR CONVENER COMMITTEE
CONVENER

Dr. Atulyamisra I.A.S.,
The Additional Chief Secretary to Government,
youth Welfare and Sports Development Department

Members

Dr. P. Sankar, I.A.S.,
Secretary to Government, Higher Education Department.

Prof. V. Mangaiyarkarasi
Professor & Head, Department of Sports Management and
Sports Psychology & Sociology, TNPESU

Prof. Dr. I. Lilly Pushpam
REGISTRAR

Dr. V. Murugavalavan
Controller of Examination i/c

Dr. D. Sathiakumar
DIRECTOR, SDE

தமிழ்நாடு உடற்கல்வியியல் மற்றும்
விளையாட்டுப் பல்கலைக்கழகம்
சென்னை - 600 127

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI - 600 127

(Estd. by the Government of Tamil Nadu Under Act - 9
of 2005 & Approved by the UGC)
Accredited with B+ Grade by NAAC

INDIA'S FIRST STATE UNIVERSITY FOR PHYSICAL EDUCATION AND SPORTS

CALENDAR 2025 - 2026



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்

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CALENDAR
2025 - 2026

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Dr. V. Murugavalavan
CONTROLLER OF EXAMINATIONS I/C

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DIRECTOR, SDE

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

PREAMBLE

The Tamil Nadu Physical Education and Sports University established by an Act of the Government of Tamil Nadu in 2004, is unique and the first of its kind in India as an affiliating University, exclusively for Physical Education and Sports. The said Act came into force with effect from 15th September 2005 after obtaining the assent from His Excellency, the President of India on 05.08.2005.

VISION OF THE UNIVERSITY

"To engage in relentless pursuit of Excellence in the promotion and development of Physical Education and Sports through innovative programmes in teaching, coaching, research and outreach activities and evolve a holistic approach to the betterment of human resources through a harmonious blend of body, mind and spirit"

MOTTO OF THE UNIVERSITY

EXCELLENCE IN PHYSICAL EDUCATION AND SPORTS

MISSION OF THE UNIVERSITY

- To create an ideal academic environment for Learning, Scholarship, Professionalism, and collaboration that fosters Excellence in active student learning and professional growth.
- To Design and introduce innovative, integrated, inter-disciplinary curriculum in Physical Education and various Sports and games and allied areas and provide Leadership to the profession.
- To offer unique graduate, Post-graduate and research Programmes in Physical Education, Sports and allied fields.
- To produce competent health conscious Physical Education teachers at various levels, who will be fully equipped to impart instruction in Physical Education and undertake Physical activity programmes for children and youth.
- To develop High-Tech research facilities and contribute to the body to knowledge through scholarly work and publications, and disseminate the findings to the professionals, faculty and students.
- To facilitate the application of research finding to refine and sharpen the coaching and training techniques in Physical Education and Sports.
- To closely collaborate and coordinate with the State and National bodies in Physical Education and Sports, in matters of common interest and concern.
- To establish linkages and networking with national and international specialized agencies and institutions and keep abreast of the latest developments in the field of Physical Education and Sports.
- To actively design programmes for the promotion and development of fitness and health concept among the students, faculty and the community around so as to mould them into physically fit and emotionally matured citizens.
- To Support and assist the conduct of State and National level coaching camps in various sports disciplines and to spot, nurture and groom the talent for National and International competitions
- To establish a fully automated modern Library and information center equipped with Books, Journals, CDs, Online Databases etc and cater to the informational needs of the academic community making innovative us of IT.

REGULAR COURSES

I FACULTY OF PHYSICAL EDUCATION

1. Department of Physical Education

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Physical Education	With M.Phil Regular 2- yrs Part time - 3yrs Without M.Phil Regular - 3 yrs Part Time - 4 yrs	M.P.Ed / MPES / MPE
2	Master of Physical Education	2 years	10+2+3 system of Education and B.P.Ed., Approved by the Syndicate of TNPESU and minimum of Inter College Level sports Partcipation
3	Bachelor of Physical Education	2 years	Any degree approved by the syndicate of TNPESU with 10+2+3 system of Education and minimum inter School level sports participation
4	Bachelor of Physical Education and Sports	3 years	A Pass in H.Sc.,or its Equivalent Examinations Recognized by the Syndicate of TNPESU with any subjects with Participation in games and sports

* For detailed eligibility and further information, refer the latest University regulations.

II FACULTY OF YOGA AND ALLIED HEALTH SCIENCES

2. Department of Yoga

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Yoga	With M.Phil Regular 2- yrs Part time - 3yrs Without M.Phil Regular - 3 yrs Part Time - 4 yrs	M.Sc(Yoga) / MA (Yoga)
2	M.Sc., (Yoga)	2 years	Any Degree recognized by the Syndicate of TNPESU
3	B.Sc., (Yoga)	3 years	A Pass in H.Sc.,or its Equivalent Examinations Recognized by the Syndicate of TNPESU

* For detailed eligibility and further information, refer the latest University regulations.

3. Department of Exercise Physiology and Biomechanics

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Exercise Physiology and Nutrition	With M.Phil Regular 2- yrs Part time - 3yrs	M.Sc (Exercise Physiology and Nutrition)
		Without M.Phil Regular - 3 yrs Part Time - 4 yrs	
2	M.Sc., Exercise Physiology and Nutrition	2 years	Any Science Degree* Recognized by the Syndicate of TNPESU
3	B.Sc., Exercise Physiology and Nutrition	3 years	A pass in H.Sc., or its Equivalent Examinations in Science (Group I or Group II) Recognized by the Syndicate of TNPESU
4	Ph.D in Sports Biomechanics and Kinesiology	With M.Phil Regular 2 -yrs Part Time - 3 Yrs	M.Sc (Sports Biomechanics and Kinesiology)
		Without M.Phil Regular - 3 yrs Part Time - 4 yrs	
5	M.Sc. Sports Biomechanics and Kinesiology	2 years	Any Science Degree* recognized by the Syndicate of TNPESU
6	B.Sc. Sports Biomechanics and Kinesiology	3 years	A pass in H.Sc., with Maths/Physics / Biology / Computer Science / Chemistry / Statistics or its Equivalent Examinations Recognized by the Syndicate of TNPESU

* For detailed eligibility and further information, refer the latest University regulations.

III FACULTY OF TECHNOLOGY AND MANAGEMENT

4. Department of Sports Management and Sports Psychology & Sociology

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Sports Management	With M.Phil Regular 2- yrs Part time - 3yrs	M.B.A. Sports Management
		Without M.Phil Regular - 3 yrs Part Time - 4 yrs	
2	M.B.A., Sports Management	2 years	Any Degree recognized by the Syndicate of TNPESU
3	Ph.D in Sports Psychology	With M.Phil Regular 2 - yrs Part time - 3 yrs	M.Sc., Sports Psychology and Sociology* M.Sc., Sports Psychology M.Sc Psychology M.A., Sociology M.Sc., Sports & Psychology & Sociology
	Ph.D in Sports Sociology	Without M.Phil Regular 3 - yrs Part time - 4 yrs	
4	M.Sc., Sports Psychology and Sociology	2 years	Any Degree Recognized by the Syndicate of TNPESU
5	M.Sc., Sports Psychology	2 years	Any Degree

* For detailed eligibility and further information, refer the latest University regulations.

5. Department of Advanced Sports Training and Technology

Sl.No.	Courses	Duration	Eligibility*
1	Ph.D in Sports Coaching	With M.Phil Regular 2- yrs Part time - 3yrs	M.Sc., (Sports Coaching) / M.S. (Sports Coaching)
		Without M.Phil Regular - 3 yrs Part Time - 4 yrs	
2	M.Sc., Sports Coaching	2 years	Any Degree Recognized by the Syndicate of TNPESU with Diploma / P.G. Diploma in Sports Coaching with two years of Experience
3	B.Sc., Sports Coaching	3 years	+2 pass or its equivalent recognized by the syndicate of TNPESU with sports proficiency of minimum Participation at school district competitions
4	Ph.D. in Sports Technology	Regular 2-yrs Part Time - 3 Yrs	M. Tech (Sports Technology)
5	M. Tech in Sports Technology	2 years	B.E.,/B.Tech., Equivalent Degree (Any Discipline)

* For detailed eligibility and further information, refer the latest University regulations.

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI

Details of the Faculty Members

I. Faculty of Physical Education

Department of Physical Education

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. S. Thirumalai Kumar** M.P.Ed., M.Sc., (Psy)., M.Sc (Yoga)., M.Phil., PGDCA., PGD.A.S.P.E.S., Ph.D.	Professor and Head	Fitness and Wellness, Test Measurements and Evaluation Rest, Recovery & Recreation, Pedagogy in Physical Education, Track and Field, Cricket, Basketball Teaching Practice.
2	**Dr. S. Manikandan,** B.Sc (PHS).,M.P.Ed., M.Phil., Ph.D., M.Sc(Yoga), NIS (Certificate), PGDCA, PGDFM (Fitness Management)	Professor	Sports Training Methods Football and Handball
3	**Dr. I. Lilly Pushpam,** M.PEd., M.Phil., Ph.D., Cert.in Yoga, Cert. in Coaching (Athletics).	Professor (On Deputation)	Sports Psychology Athletics, Hockey, Basketball, Kabaddi
4	**Dr. P. Kumaravelu,** M.P.E.S., M.Phil., Ph.D.,	Associate Professor	Training Methods Athletics, Badminton, Kabaddi, Football, Volleyball
5	**Dr. G. Kumaran** M.P.E.S.,M.Phil., Ph.D., M.Sc. Yoga.,	Assistant Professor (Redeployment)	Sports Training Methods, Atheletics, Badminton and Tennis
6	**Lt Dr. S. Jayakumar** B.A.,M.A.,BPEd., MPEd.,M.Phil., Ph.D.,	Assistant Professor	Sports Training Methods, Fitness and Welness, Sports Pschology & Sociology Atheletics - Khabaddi, Kho Kho, Coaching Practice
7	**Dr. S. Velkumar** B.Sc.,B.L., M.P.Ed., M.Phil., Ph.D.,	Assistant Professor	Sports Training - Kho-Kho, Weight Lifting, Handball
8	**Dr. C. Lakshmanan** B.P.E., M.P.Ed., M.Sc., (Yoga)., PGD(Yoga)., Ph.D.,	Assistant Professor	Test and Measurement, Yoga Education - Athletics, Kho-Kho and Cricket

II. Faculty of Yoga and Allied Health Sciences

Department of Yoga

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. V. Duraisami,** M.Sc(Yoga), M.Sc., (Yoga Therapy)., M.P.E.S., M.Phil., PGDSM., PGDY., Ph.D.,	Professor & Head	Yoga, Yoga Therapy and Naturopathy
2	**Dr. S. Selvalakshmi,** M.Sc.,(Yoga)., M.Sc., (Yoga Therapy) M.P.Ed., M.Phil., PGDY., Ph.D.,	Associate Professor	Yoga and yoga Therapy

2. Department of Exercise Physiology and Biomechanics

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. R. Venkatesan,** B.Sc.,M.Sc.,(Psy), M.Sc.(Ex.Phy.) M.P.Ed., M.Phil., Ph.D.,	Professor & Head	Exercise Physiology and Sports Nutrition.
2	**Dr. P.K. Senthil Kumar,** M.P.E.S., M.Phil., M.Sc (Ex.Phy.,) Ph.D.,	Professor	Exercise Physiology, Sports Nutrition. Kinanthropoetry
3	**Dr. P. Rajini Kumar,** M.P.E.S., M.Sc., (Sports Biomechanics & Kinesiology), M.Phil., Ph.D.,	Associate Professor & unit Head, Dept of Sports Biomechanics	Kinesiology & Biomechanics

III. Faculty of Technology and Managment

1. Department of Sports Management and Sports Psychology & Sociology

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. V. Mangaiyarkarasi** M.A., M.Phil., M.B.A., Ph.D.,	Professor and Head	Sports Sociology, Social Gerontology, Social Problems and Gender Studies
2	**Dr. S. Prem Kumar,** M.B.A., M.Phil., PGDIB.,Ph.D.,	Professor	Sports Marketing
3	**Dr. Shahin Ahmed,** M.A., M.Sc., M.Phil., M.B.A., Ph.D.,	Professor	Sports Psychology
4	**Dr. K. Kannadasan,** M.P.E M.Phil., M.Sc(Psy)., Ph.D.,	Associate Professor	Sports Psychology
5	**Dr. V. Ramesh Kumar,** M.B.A., M.Sc(Psy)., PGDHRM., Ph.D.,	Associate Professor	Marketing and Quantitative Methods

2. Department of Advanced Sports Training and Technology

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. R. Ramakrishnan,** M.E., Ph.D., FIE., C. Eng.	Professor and Head	Mechanical Engineering
2	**Dr. G. Nallavan,** M.E., Ph.D., MBA	Associate Professor & Head i/c Dept. of Advanced Sports Training & Coaching	Power Electronics

Supportive Department
Statistics and Computer Applications

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. J. Anitha,** M.Sc.,M.Phil., Ph.D.,	Associate Professor	Reliability and Estimation Theory

University Health Centre

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. V. Muruguvalavan** M.B.B.S., D.Ortho M.Sc (Ex.Phy.)., Ph.D.	Professor Cum Medical Officer	Ortho and Sports Medicine
2	**Mr. C. Manoj,** M.P.T., M.Sc.(Sports Biomechanics & Kinesiology), M.B.A (Sports Mgt.)	Physiotherapist	Physiotherapy, Biomechanics
3	**Mr. K.B. Srinivasan,** M.P.T.,	Sports Physiotherapist	Sports Physiotherapy
4	**Mr. V. Valli** D.N.M	Staff Nurse	First Aid & Health Education

Library and Information Centre

Sl.No.	Name of the Faculty and Qualification	Designation	Specialization
1	**Dr. N. Ashok Kumar** M.L.I.Sc., M.Phil., Ph.D.,	Deputy Librarian	Digitization

ADMINISTRATIVE STAFF

Sl. No.	Name of the Member	Designation
1	Thiru. V. Manikandan	Assistant Registrar
2	Tmt. S. Vanaselvi	Assistant Registrar
3	Thiru. S. Sankaranarayanan	Superintendent
4	Tmt. C. Vaideki	Superintendent
5	Tmt. B. Latha	Assistant
6	Thiru. J. Arumugam	Assistant
7	Thiru. S. Ashok	Assistant
8	Thiru. G. Hariharan	Assistant
9	Tmt. R. Sumalatha	Assistant
10	Thiru. P. Vinodkumar	Assistant
11	Thiru. P. Magesh	Assistant
12	Thiru. S. Babu	Assistant
13	Thiru. R. Sachidanandam	Assistant
14	Dr. V. Saraswathy	Assistant

Academic Year 2025 - 2026
JULY - 2025

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Tuesday	University Reopens after summer vacation for Teaching Staff		
2	Wednesday	University Reopens after summer vacation for Students	1	1
3	Thursday		2	2
4	Friday		3	3
5	Saturday	Holiday	-	-
6	Sunday	Muhurram - Holiday	-	-
7	Monday		4	4
8	Tuesday		5	5
9	Wednesday		6	6
10	Thursday		7	7
11	Friday	World Population Day	8	8
12	Saturday	Holiday	-	-
13	Sunday	Holiday	-	-
14	Monday		9	9
15	Tuesday	Perunthalaivar Kamarajar Birthday Celebration - Educational Development Day	10	10
16	Wednesday		11	11
17	Thursday		12	12
18	Friday		13	13
19	Saturday	Holiday	-	-
20	Sunday	Holiday	-	-
21	Monday		14	14
22	Tuesday		15	15
23	Wednesday		16	16
24	Thursday		17	17
25	Friday		18	18
26	Saturday	Holiday	-	-
27	Sunday	Holiday	-	-
28	Monday		19	19
29	Tuesday		20	20
30	Wednesday		21	21
31	Thursday		22	22
Number of Working Days			**22**	**22**
Progressive Total Number of Working Days for Sports science Courses (0+22=22) Progressive Total Number of Working Days for Physical Education Courses (0+22=22)			**22**	**22**

AUGUST - 2025

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Friday		23	23
2	Saturday	Holiday	-	24
3	Sunday	Holiday	-	-
4	Monday		24	25
5	Tuesday		25	26
6	Wednesday	One Week IQAC Fresher's Induction Programme	26	27
7	Thursday	National Javelin Day	27	28
8	Friday	Dept of Sports Management - Fresher's Day Programme	28	29
9	Saturday	Holiday	-	30
10	Sunday	Holiday	-	-
11	Monday		29	31
12	Tuesday	DPE - National Workshop / National Anti Ragging week Celebration	30	32
13	Wednesday		31	33
14	Thursday	**Commencement of Internal Assessment I (Odd Semester)**	32	34
15	Friday	Independence Day - Holiday	-	-
16	Saturday	Krishna Jayanthi - Holiday	-	-
17	Sunday	Holiday	-	-
18	Monday	Commencement of TNPESU - ICT	33	35
19	Tuesday	Dept of Sports Management - Orientation on Kayaking	34	36
20	Wednesday	DPE - Special / Invited Lecture	35	37
21	Thursday		36	38
22	Friday		37	39
23	Saturday	Holiday	-	40
24	Sunday	Holiday	-	-
25	Monday		38	41
26	Tuesday	Fresher's Day - Dept of Sports Biomechanics & Kinesiology	39	42
27	Wednesday	Vinayakar Chathurchi - Holiday	-	-
28	Thursday		40	43
29	Friday	National Sports Day	41	44
30	Saturday	Holiday	-	45
31	Sunday	Holiday	-	-
Number of Working Days			**19**	**23**
Progressive Total Number of Working Days for Sports science Courses (19+22 = 41) Progressive Total Number of Working Days for Physical Education Courses (22+23=45)			**41**	**45**

SEPTEMBER - 2025

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Monday	Last Date for registration for Generic Elective / Commencement of National Nutrition Week Celebration	42	46
2	Tuesday		43	47
3	Wednesday		44	48
4	Thursday		45	49
5	Friday	Teacher's Day, Milad-un-Nabi Holiday	-	-
6	Saturday	Holiday	-	-
7	Sunday	Holiday	-	-
8	Monday	World Physical Therapy Day	46	50
9	Tuesday	Dept of Sports Mgmt - Meet the Manager Prog - I	47	51
10	Wednesday	World Suicide Prevention Day II M.P.Ed Project Sports Meet 2025 - 2026	48	52
11	Thursday	IQAC - Code of Conduct Awarness Programme for Students	49	53
12	Friday	IQAC - Code of Conduct Awarness Programme for Staff	50	54
13	Saturday	Holiday	-	55
14	Sunday	Holiday / National ADHD Awarenes Day	-	-
15	Monday		51	56
16	Tuesday	ICC - Workshop Workshop - Dept of Sports Biomechanics & Kinesiology	52	57
17	Wednesday	Inaguration of Students Council	53	58
18	Thursday		54	59
19	Friday	Dept of Sports Mgmt -Seminar on Sports Governance	55	60
20	Saturday	Holiday	-	61
21	Sunday	Holiday - International Day of Peace	-	-
22	Monday		56	61
23	Tuesday	IQAC Composition Meeting - 1	57	62
24	Wednesday	**Commencement of Internal Assessment II (Odd Semester)**	58	63
25	Thursday	HOD, Unit Heads & IQAC Presentation	59	64
26	Friday	IQAC - Staff Development programme for Non - Teaching Employees - I	60	65
27	Saturday	Holiday	-	-
28	Sunday	Holiday	-	-
29	Monday	Dept. of Exercise Physiology & Nutrition - Student Seminar	61	66
30	Tuesday	III BPES Project Sports Meet 2025 - 2026	62	67
Number of Working Days			**21**	**22**
Progressive Total Number of Working Days for Sports science Courses (21+41=62) Progressive Total Number of Working Days for Physical Education Courses (45+22=67)			**62**	**67**

OCTOBER - 2025

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Wednesday	**Ayutha Pooja - Holiday**	-	-
2	Thursday	**Vijaya Dasami, Gandhi Jayanthi - Holiday**	-	-
3	Friday		63	68
4	Saturday	Holiday	-	69
5	Sunday	Holiday	-	-
6	Monday		64	70
7	Tuesday	Commencement of BPES III Intensive Teaching Practice	65	71
8	Wednesday	IQAC -Gender Sensitization Programme	66	72
9	Thursday		67	73
10	Friday	World Mental Health Day / OCD Awareness Week	68	74
11	Saturday	Holiday	-	75
12	Sunday	Holiday	-	-
13	Monday		69	76
14	Tuesday	Placement Cell - Skill Development Prog - I	70	77
15	Wednesday	ICC - Workshop	71	78
16	Thursday		72	79
17	Friday	Dept of Sports Mgmt - Alumni Meet	73	80
18	Saturday	Holiday	-	-
19	Sunday	Holiday	-	-
20	Monday	Deepavali - Holiday	-	-
21	Tuesday		74	81
22	Wednesday	BPES II Year Sports Entrepreneurship Development	75	82
23	Thursday		76	83
24	Friday	HOD, Unit Heads & IQAC Presentation	77	84
25	Saturday	Holiday	-	85
26	Sunday	Holiday	-	-
27	Monday	1 Week National Level FDP - Dept of Sports Biomech & Kinesiology	78	86
28	Tuesday	Dept of Exercise Physiology & Nutrition - Student Seminar	79	87
29	Wednesday	II B.P.Ed Project Sports Meet 2025 - 2026 & Sports Entrepreneurship Development	80	88
30	Thursday	DPE - Commencement of Village Placement Programme	81	89
31	Friday		82	90
Number of Working Days			**20**	**23**
Progressive Total Number of Working Days for Sports science Courses (20+62=82) Progressive Total Number of Working Days for Physical Education Courses (67+23=90)			**82**	**90**

NOVEMBER - 2025

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Saturday	Holiday / Stress Awareness Day	-	91
2	Sunday	Holiday	-	-
3	Monday	Dept of Sports Mgmt - Meet the Manager Prog II	83	92
4	Tuesday	**Commencement of Model Examination**	84	93
5	Wednesday		85	94
6	Thursday		86	95
7	Friday		87	96
8	Saturday	Holiday	-	97
9	Sunday	Holiday	-	-
10	Monday		88	98
11	Tuesday	National Education day	89	99
12	Wednesday		90	100
13	Thursday		-	-
14	Friday	Children's day	-	-
15	Saturday	Holiday	-	-
16	Sunday	Holiday	-	-
17	Monday	**Commencement of ODD Semester Examination**	-	-
18	Tuesday		-	-
19	Wednesday		-	-
20	Thursday	ICC - Workshop	-	-
21	Friday	World Fisheries day	-	-
22	Saturday	Holiday	-	-
23	Sunday	Holiday	-	-
24	Monday		-	-
25	Tuesday	HOD, Unit Heads & IQAC Presentation	-	-
26	Wednesday	DPE - Leadership Training Camp /Hiking	-	-
27	Thursday		-	-
28	Friday	Dept of Exercise Physiology & Nutrition - Student Seminar	-	-
29	Saturday	Holiday	-	-
30	Sunday	Holiday	-	-
Number of Working Days			**08**	**10**
Progressive Total Number of Working Days for Sports science Courses (82+08=90) Progressive Total Number of Working Days for Physical Education Courses (10+90=100)			**90**	**100**

DECEMBER - 2025

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Monday	**Commencement of Even Semester Classes**	1	1
2	Tuesday		2	2
3	Wednesday	Dept of Exercise Physiology & Nutrition - Student Internship	3	3
4	Thursday		4	4
5	Friday		5	5
6	Saturday	Holiday	-	6
7	Sunday	Holiday	-	-
8	Monday		6	7
9	Tuesday		7	8
10	Wednesday		8	9
11	Thursday	ICC - Workshop	9	10
12	Friday		10	11
13	Saturday	Holiday	-	-
14	Sunday	Holiday	-	-
15	Monday		11	12
16	Tuesday		12	13
17	Wednesday		13	14
18	Thursday		14	15
19	Friday	HOD, Unit Heads & IQAC Presentation	15	16
20	Saturday	Holiday	-	-
21	Sunday	Holiday	-	-
22	Monday	Winter Vacation Begins	-	-
23	Tuesday		-	-
24	Wednesday		-	-
25	Thursday	**Christmas - Holiday**	-	-
26	Friday		-	-
27	Saturday	Holiday	-	-
28	Sunday	Holiday	-	-
29	Monday			
30	Tuesday			
31	Wednesday			
Number of Working Days			**15**	**16**
Progressive Total Number of Working Days for Sports science Courses (0+15=15) Progressive Total Number of Working Days for Physical Education Courses (0+16=16)			**15**	**16**

JANUARY - 2026

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Thursday	New Year - 2025	-	-
2	Friday	University Reopens after Winter Vacation	16	17
3	Saturday	Holiday	-	18
4	Sunday	Holiday	-	-
5	Monday		17	19
6	Tuesday		18	20
7	Wednesday	IQAC - Women Empowerment Programme	19	21
8	Thursday		20	22
9	Friday	Dept of Sports Mgmt - Field Visit	21	23
10	Saturday	Holiday	-	24
11	Sunday	Holiday	-	-
12	Monday		22	25
13	Tuesday	Dept. of Exercise Physiology & Nutrition - Student Seminar	23	26
14	Wednesday	Pongal - Holiday	-	-
15	Thursday	Thiruvallvar Day - Holiday	-	-
16	Friday	Ulavar Thirunal - Holiday	-	-
17	Saturday	Holiday	-	-
18	Sunday	Holiday	-	-
19	Monday	Dept. of Sports Mgmt - Meet the Manager Prog III	24	27
20	Tuesday	Dept of Exercise Physiology & Nutrition - student Field Trip	25	28
21	Wednesday		26	29
22	Thursday		27	30
23	Friday	Dept. of Sports Mgmt - Placement Traininng Prog	28	31
24	Saturday	Holiday	-	32
25	Sunday	Holiday	-	-
26	Monday	Republic Day - Holiday	-	-
27	Tuesday	**Commencement of Internal Assessment I (Even Semester)**	29	33
28	Wednesday	Placement Cell - Placement Orientation Prog	30	34
29	Thursday	HOD, Unit Heads & IQAC Presentation	31	35
30	Friday	Martyrs' Day	32	36
31	Saturday	Holiday	-	37
		Number of Working Days	**17**	**21**
Progressive Total Number of Working Days for Sports science Courses (15+17=32) Progressive Total Number of Working Days for Physical Education Courses (16+21=37)			**32**	**37**

FEBRUARY - 2026

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Sunday	Thai Poosam - Holiday	-	-
2	Monday	Intensive Coaching / Teachine Practice Commences - BPEd&MPEd	33	38
3	Tuesday		34	39
4	Wednesday	Dept of Exercise Physiology & Nutrition - International Conference	35	40
5	Thursday		36	41
6	Friday		37	42
7	Saturday	Holiday	-	43
8	Sunday	Holiday	-	-
9	Monday		38	44
10	Tuesday	ICC - Workshop	39	45
11	Wednesday	IQAC Composition Meeting - II	40	46
12	Thursday		41	47
13	Friday	IQAC - Staff Development Programme for Non-teaching Employees- II	42	48
14	Saturday	Holiday	-	49
15	Sunday	Holiday	-	-
16	Monday	Dept of Sports Mgmt - Community Development Programme	43	50
17	Tuesday		44	51
18	Wednesday		45	52
19	Thursday	DPE - National/Internation Conference	46	53
20	Friday	DPE - National/Internation Conference	47	54
21	Saturday	Holiday	-	55
22	Sunday	Holiday	-	-
23	Monday		48	56
24	Tuesday		49	57
25	Wednesday	HOD, Unit Heads & IQAC Presentation	50	58
26	Thursday	Dept of Sports Mgmt - Meet the Manager Prog IV	51	59
27	Friday		52	60
28	Saturday	Holiday	-	-
		Number of Working Days	**20**	**23**
Progressive Total Number of Working Days for Sports science Courses (20+32=52) Progressive Total Number of Working Days for Physical Education Courses (23+37=60)			**52**	**60**

MARCH - 2026

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Sunday	Holiday	-	-
2	Monday		53	61
3	Tuesday		54	62
4	Wednesday		55	63
5	Thursday		56	64
6	Friday	Dept of Sports Mgmt - Workshop on sports Marketing	57	65
7	Saturday	Holiday	-	66
8	Sunday	International Women's Day - Holiday	-	-
9	Monday		58	67
10	Tuesday		59	68
11	Wednesday	**Commencement of Internal Assessment - II (Even Semester)**	60	69
12	Thursday	IQAC - Faculty Development Programme - 1	61	70
13	Friday		62	71
14	Saturday	Holiday	-	72
15	Sunday	Holiday	-	-
16	Monday		63	73
17	Tuesday	Dept of Exercise Physiology & Nutrition - Placement Meetings	64	74
18	Wednesday	ICC - Workshop	65	75
19	Thursday		66	76
20	Friday	Telugu New Year Day - Holiday	-	-
21	Saturday	Ramzan Holiday	-	-
22	Sunday	Holiday	-	-
23	Monday		67	77
24	Tuesday	Dept of Exercise Physiology & Nutrition - Student Seminar	68	78
25	Wednesday	HOD, Unit Heads & IQAC Presentation	69	79
26	Thursday		70	80
27	Friday		71	81
28	Saturday	Holiday	-	-
29	Sunday	Holiday	-	-
30	Monday	World Bipolar Day	72	82
31	Tuesday	Mahaveer Jayanthi - Holiday	-	-
		Number of Working Days	**20**	**22**
Progressive Total Number of Working Days for Sports science Courses (20+52=72) Progressive Total Number of Working Days for Physical Education Courses (60+22=82)			**72**	**82**

APRIL - 2026

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Wednesday		73	83
2	Thursday		74	84
3	Friday	Good Friday - Holiday	-	-
4	Saturday	Holiday	-	-
5	Sunday	Holiday	-	-
6	Monday		75	85
7	Tuesday	World Health Day	76	86
8	Wednesday	Valedictory Function - Students Council	77	87
9	Thursday	NBD 2025- The Biomechanics Initiative National Biomechanics Day 2025	78	88
10	Friday		79	89
11	Saturday	Holiday	-	-
12	Sunday	Holiday	-	-
13	Monday		80	90
14	Tuesday	Tamil New Year - Dr.B.R. Ambedkar's Birthday	-	-
15	Wednesday	**Commencement of Model Examination (Even Semester)**	81	91
16	Thursday		82	92
17	Friday		83	93
18	Saturday	Holiday	-	-
19	Sunday	Holiday	-	-
20	Monday		84	94
21	Tuesday		85	95
22	Wednesday		86	96
23	Thursday		87	97
24	Friday	Dept of Sports Mgmt - Farewell Day	88	98
25	Saturday	Holiday	-	-
26	Sunday	Holiday	-	-
27	Monday	HOD, Unit Heads & IQAC Presentation	89	99
28	Tuesday		90	100
29	Wednesday	**Commencement of Even Semester Examinations**	-	-
30	Thursday		-	-
		Number of Working Days	**18**	**18**
Progressive Total Number of Working Days for Sports science Courses (18+72=90) Progressive Total Number of Working Days for Physical Education Courses (18+82 = 100)			**90**	**100**

MAY - 2026

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Friday	May Day - Holiday	-	-
2	Saturday	Holiday	-	-
3	Sunday	Holiday	-	-
4	Monday		-	-
5	Tuesday		-	-
6	Wednesday		-	-
7	Thursday		-	-
8	Friday		-	-
9	Saturday	Holiday	-	-
10	Sunday	Holiday	-	-
11	Monday		-	-
12	Tuesday		-	-
13	Wednesday		-	-
14	Thursday		-	-
15	Friday		-	-
16	Saturday	Holiday	-	-
17	Sunday	Holiday	-	-
18	Monday		-	-
19	Tuesday		-	-
20	Wednesday		-	-
21	Thursday		-	-
22	Friday		-	-
23	Saturday	Holiday	-	-
24	Sunday	Holiday	-	-
25	Monday		-	-
26	Tuesday		-	-
27	Wednesday		-	-
28	Thursday		-	-
29	Friday		-	-
30	Saturday	Holiday	-	-
31	Sunday	Holiday	-	-

JUNE - 2026

DATE	DAY	PARTICULARS	Working Days for Sports Science Courses	Working Days for Physical Education & Sports coaching Courses
1	Monday		-	-
2	Tuesday		-	-
3	Wednesday		-	-
4	Thursday		-	-
5	Friday		-	-
6	Saturday	Holiday	-	-
7	Sunday	Holiday	-	-
8	Monday		-	-
9	Tuesday		-	-
10	Wednesday		-	-
11	Thursday		-	-
12	Friday		-	-
13	Saturday		-	-
14	Sunday	Holiday	-	-
15	Monday	Holiday	-	-
16	Tuesday		-	-
17	Wednesday		-	-
18	Thursday		-	-
19	Friday		-	-
20	Saturday	Holiday	-	-
21	Sunday	Holiday	-	-
22	Monday		-	-
23	Tuesday		-	-
24	Wednesday		-	-
25	Thursday		-	-
26	Friday		-	-
27	Saturday	Holiday	-	-
28	Sunday	Holiday	-	-
29	Monday		-	-
30	Tuesday		-	-

Beginning of the next academic session from 01.07.2026

AFFILIATED COLLEGES LIST

Sl.No	College code	College Name
		Physical Education
1	02	YMCA College of Physical Education (Autonomous), Chennai
2	03	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education (Autonomous), Coimbatore
3	04	Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur
4	05	Sri Sarada College of Physical Education, Salem
5	09	Selvam College of Physical Education, Namakkal
6	11	Meenatchi Physical Education, Ariyalur
7	12	Koviloor Andavar College of Physical Education and Sports Science, Sivagangai
8	13	Christian College of Physical Education, Nagercoil
9	14	St. John's College College of Physical Education, Tirunelveli
10	15	SKT College of Physical Education
11	16	Sri Renugambal college of Physical Education, Tiruvannamalai
12	17	Dhanalakshmi Srinivasan College of Physical Education, Preambular
13	18	Mother Terasa College of Physical Education, Pudukkottai
14	19	K.R. College of Physical Education, Dindugal
15	21	Cheran College of Physical Education, Karur
16	22	Sree Bhavani College of Physical Education ,Cuddalore
17	23	Jenney's College of Physical Education, Tiruchirappalli
18	24	G.S. College of Physical Education, Kangayam, Tiruppur
19	25	Pasumpon Muthuramalingam Thevar College of Physical Education, Usilampatti, Madurai

20	30	MASS College of Physical Education, Villupuram
21	32	Kalvi College of Physical Education
22	33	Suddha Sanmarga Nilayam(Vallalar Physical Education)
		YOGA COLLEGES
23	27	PGP College of Physical Education and Sports Science Yoga and Research Centre, Namakkal
24	28	Vethathiri Maharishi College of Yoga, Chennai
25	29	Shri Paranjothi College of Yoga, Tirupur

Contact Address

The Registrar,
Tamil Nadu Physical Education and Sports University
Melakottaiyur, Vandalur - Kelambakkam Road, Chennai - 600 127.
Phone : 044 - 27477905 - 906
E-mail : regtnpesu@gmail.com
Website : www.tnpesu.org

Controller of Examinations : 044 - 27477914 / 915 / 917
School of distance Education : 044 - 27477919

National Antham

Jana-gana-mana-adhinayakajaya he
Bharata-bhagya-vidhata
Punjaba-Sindhu-Gujarata-Maratha
Dravida-Utkala - Banga
Vindhya-Himachala-Yamuna-Ganga
uchchala-jaladhi-taranga
Tava Shubha name jage, tavashubha asisa mage,
gahe tavajaya-gatha.
Jana-gana-mangala-dayakajaya he
Bharata-bhagya-Vidhata
Jaya he, Jaya he, Jaya he,
Jayajayajaya, jaya he.

தேசிய கீதம்

ஜன கண மன அதிநாயக ஜெய ஹே
பாரத பாக்ய விதாதா,
பஞ்சாப் சிந்து குஜராத்த மராத்தா
திராவிட உத்கல வங்கா.
விந்திய இமாச்சல யமுனா கங்கா
உச்சல ஜலதி தரங்கா.
தவ சுப நாமே ஜாகே,
தவ சுப ஆஷிஷ மாகே,
ஜாஹே தவ ஜெய காதா.
ஜன கண மன தாயக ஜெய ஹே
பாரத பாக்ய விதாதா,
ஜெய ஹே, ஜெய ஹே, ஜெய ஹே,
ஜெய ஜெய ஜெய, ஜெய ஹே.

National Pledge

India is my country and all Indians are my brothers and sisters. I love my country and I am proud of its rich and varied heritage. I shall always strive to be worthy of it. I shall give respect to my parents, teachers and all elders and treat everyone with courtesy. To my country and my people, I pledge my devotion. In their wellbeing and prosperity alone, lies my happiness.

உறுதிமொழி

இந்தியா என் நாடு. இந்தியர் அனைவரும் என் உடன் பிறந்தவர்கள். என் நாட்டை நான் பெரிதும் நேசிக்கிறேன். இந்நாட்டின் பழம்பெருமைக்காகவும், பன்முக மரபுச் சிறப்புக்காகவும் நான் பெருமிதம் அடைகிறேன். இந்நாட்டின் பெருமைக்குத் தகுந்து விளங்கிட என்றும் பாடுபடுவேன்.

என்னுடைய பெற்றோர், ஆசிரியர்கள், எனக்கு வயதில் மூத்தோர் அனைவரையும் மதிப்பேன். எல்லோரிடமும் அன்பும் மரியாதையும் காட்டுவேன். என் நாட்டிற்கும் என் நாட்டு மக்களுக்கும் உழைத்திட முனைந்து நிற்பேன். அவர்கள் நலமும் வளமும் பெறுவதிலேதான் என்றும் மகிழ்ச்சி காண்பேன்.

தமிழ்த்தாய் வாழ்த்து

நீராருங் கடலுடுத்த நிலமடந்தைக் கெழிலெழுகும்
சீராரும் வதனமெனத் திகழ் பரதக் கண்டமிதில்
தெக்கணமும் அதிற்சிறந்த திராவிடநல் திருநாடும்
தக்கசிறு பிறைநுதலும் தரித்தநறுந் திலகமுமே!
அத்திலக வாசனைப்போல் அனைத்துலகும் இன்பமுற
எத்திசையும் புகழ்மணக்க இருந்தபெருந் தமிழணங்கே!
தமிழணங்கே!
உன் சீரிளமைத் திறம்வியந்து செயல்மறந்து வாழ்த்துதுமே!
வாழ்த்துதுமே!! வாழ்த்துதுமே!!

தீண்டாமை ஒழிப்பு உறுதிமொழி

இந்திய அரசியல் அமைப்பின் பால் இடைவிடாத, உளமார்ந்த, பற்றுள்ள இந்திய குடிமகன், குடிமகள் ஆகிய நான் நமது அரசியல் அமைப்பின்படி தீண்டாமை ஒழிக்கப்பட்டு விட்டது என்பதை அறிவேன். தீண்டாமையை அடிப்படையாகக் கொண்டு எவர்மீதும் தெரிந்தோ, தெரியாமலோ சமூக வேற்றுமையை மனம், வாக்கு, செயல் என்று எந்த வகையிலும் கடைபிடிக்க மாட்டேன் என்று இதனால் உளமார உறுதி அளிக்கிறேன்.

அரசியல் அமைப்பின் அடிப்படை கருத்திற்கு இணங்க, சமய வேறுபாடற்ற சுதந்திர சமுதாயத்தை உருவாக்குவதில் நேர்மையுடனும், உண்மையுடனும் பணியாற்றுவது எனது கடமையாகும் என்பதையும் உணர்வேன்.

அரசியல் அமைப்பின்பால் எனக்குள்ள முழுப் பற்றிற்கு இது என்றென்றும் எடுத்துக்காட்டாக விளங்கும் என்றும் இதனால் உளமார உறுதி அளிக்கிறேன்.

கொடிப்பாடல்

பல்லவி

தாயின் மணிக்கொடி பாரீர் அதைத்-
தாழ்ந்து பணிந்து புகழ்ந்திட வாரீர்

சரணங்கள்

ஓங்கி வளர்ந்ததோர் கம்பம் அதன் -
உச்சியின் மேல் வந்தே மாதர மென்றே
பாங்கி னேழுதித் திகழும் செய்ய -
பட்டொளி வீசிப் பறந்தது பாரீர்!

கம்பத்தின் கீழ்நிற்றல் காணீர் எங்கும் -
காணரும் வீரர் பெருந்திருக் கூட்டம்
நம்பற் குரியரவ் வீரர் - தங்கள்
நல்லுயி ரீந்துங் கொடியினைக் காப்பார் (தாயின்)

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Tamil Nadu Physical Education and Sports University
Chennai – 600 127
Student Profile (Student Copy)
Academic Year _____

Photo

1	Name	English			Register No	
		Tamil			Aadhaar No	
2	Sex	Male / Female	DOB	Date	Month	Year
3	Course			Duration		
4	Father's Name			Father's Occupation		
5	Mother's Name			Mother's Occupation		
6	Community & Religion	ST/ SC/ SC(A)/ MBC/ BC/ BC (M) / OC Hindu/ Muslim/ Christian/ Others____		Blood Group		
7	Permanent Address					
	Type of Domicile Area (Tick the Appropriate)	Metro City	Corporation City	Urban	Semi	Rural
8	Phone Number of the Father / Guardian		Student Contact Number(s)		Email Id	
9	Sports Achievement					
10	Details of Internship Completed as per Course Requirement)	Institution			Date	
11	Any other Achievement wish to inform					
12	Any other Achievement wish to inform					
						Signature

ENGAGEMENTS / NOTES

Tamil Nadu Physical Education and Sports University Chennai – 600 127

Student Profile (Department Copy)

Academic Year _____

Photo

1	Name	English			Register No	
		Tamil			Aadhaar No	
2	Sex	Male / Female		DOB	Date / Month / Year	
3	Course				Duration	
4	Father's Name				Father's Occupation	
5	Mother's Name				Mother's Occupation	
6	Community & Religion	ST/ SC/ SC(A)/ MBC/ BC/ BC (M) / OC Hindu/ Muslim/ Christian/ Others___			Blood Group	
7	Permanent Address					
	Type of Domicile Area (Tick the Appropriate)	Metro City	Corporation City	Urban	Semi	Rural
8	Phone Number of the Father / Guardian		Student Contact Number(s)		Email Id	
9	Sports Achievement					
10	Details of Internship Completed (as per Course Requirement)	Institution			Date	
11	Any other Achievement wish to inform					
12	Any other Achievement wish to inform					Signature

List of emergency helpline numbers all over in India

Helpline Number	Department
100	Police
101	Fire
102	Ambulance
103	Traffic Police
104	State level helpline for health
108	Disaster Management/Medical Helpline
112	All in one emergency number (General emergency department of telecommunications (DoT))
181	Domestic abuse and sexual violence-Women's helpline
1031	Anti corruption helpline
1033	Emergency relief Centre on National Highways
1066	Anti poison
1073	Road accident/Traffic helpline
1090	Anti terror helpline/Alert all India
1091	Women helpline in distress
1092	Earthquake help line service
1096	Natural disaster control room
1097	AIDS helpline
1098	Child abuse hotline
1099	Central accident and trauma services
1910	Blood bank information
1919	Eye donation/Eye bank information service
1930	National Cyber Crime Reporting Portal
1947	Aadhar card-UIDAI (Unique identification authority of India), 1800-180-1947
1800-11-4000	National consumer helpline